



# Take Care of your Teeth

With Dental Sealants


## What are dental sealants?

A dental sealant is a thin, clear plastic coating that is brushed onto the surface of your child's teeth.

**Talk to your  
dentist  
today about  
getting  
sealants for  
your child!**

## Why should my child get dental sealants?

- **Dental sealants** help prevent cavities in the back teeth (molars).
- **Without sealants**, children have almost 3 times more molar cavities than children with sealants.
- **Sealants**, are quick, easy, and last a long time.

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- **Who?** Children between 6 and 14 years old
  - **When?** As soon as their permanent molars start to show
  - **How long do they last?** Sealants last for many years and can be replaced



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