



# **Making Your County Healthier**

The Arkansas Department of Health (ADH) is a centralized public health system with four main Centers and the Public Health Laboratory that work with 94 local health units to provide clinical preventive services, administer public health programs, and issue licenses and certificates. Everything at ADH is done because we believe that communities can be healthier and safer, and people can live longer.

## **Clinical Preventive Health Services**

- Immunizations
- Women's health services
- Women, Infants and Children (WIC) nutrition program
- Testing and support for tuberculosis and sexually transmitted diseases, including HIV

## **Public Health Programs**

- Infectious disease investigations
- Statewide trauma system
- Local emergency preparedness planning
- Tobacco prevention and cessation programs
- Statewide prescription drug monitoring program
- Hometown Health Improvement
- Chronic disease prevention and management

## **Licensing and Certification**

- Vital records (birth, death, marriage)
- Restaurant inspections
- · Tests for drinking water
- Hospital and Emergency Medical Services (EMS) Licensing

# **Services Information**

## Budget and Employees, Fiscal Year 2018<sup>a</sup>

Health Department Budgeted Annual Salary/Fringe	\$1,596,309
Health Department Employees	31

#### **Environmental Services, Fiscal Year 2017**

Food Establishment Inspections	1,487
Onsite Wastewater System Inspections	108
Swimming Pool Inspections	417

#### **Local Health Unit Visits, Fiscal Year 2017**

BreastCare	117
Family Planning	2,042
General Medical	176
HIV/STD	765
Immunizations	1,146
Maternity	17
Tuberculosis	500
Women, Infants, and Children (WIC)	3,580

#### Women, Infants, and Children (WIC), Fiscal Year 2017

Number of Vendors	12
Payments to WIC Vendors	\$1,449,157
WIC Clients Served Annually	3,594

<sup>&</sup>lt;sup>a</sup>Includes County employees only.



# **Garland County**

3.3% 73.4% 15.4% 7.0%
15.4%
7.0%
State %
\$42,336
18.8%
26.8%
35.4%
14.5%
6.4%
State Rate
512.6
222.8
69,5
20.9
k

\*When low numbers result in unstable injury or death rates, rates are not displayed. Rank was calculated for those counties where rates were available. Rates are per 100,000 population. Injury related discharges are 5-year averages. 5-year average indicates the average number of annual deaths for the most recent 5 years of available data.

Health Indicators <sup>†</sup>	Description	Number	Percent	Rank	State %
Current adult smokers	Adults (18 +) reporting being current smokers.	15,719	20.4%	30	24.9%
Current youth smokers	Students grades 6-12 reporting being current smokers.	339	4.3%	13	5.6%
Low Birth-Weight Babies	Live births where the infant weighed less than 2,500 grams (5 lbs., 8 oz.), 5-year average.	98	8.9%	44	8.8%
Life Expectancy	The average expected life time (in years) from birth.	74.9 yrs.	N/A	41	76.0 yrs.
Natural Teeth	Adults 65+ who have had all their natural teeth extracted.	11,268	14.6%	15	23.0%
Water Systems with Fluoridation	Public water systems containing enough fluoride to protect teeth.	3	33.3%	48	49.7%
		Number	Rate	Rank	State Rate
Infant Mortality, 2012-2016	Measures the number of deaths among children less than one year of age .	34	6.2	29	7.1
Teen births	Births to mothers aged 15 to 19 years, 5-year average.	116	42.6	32	39.5

†5-year average is shown for low birth-weight babies and teen births and indicates the number of births on average each year for the most recent 5 years of available data; Infant mortality number is the total number of deaths over the most recent 5 years available and infant mortality rate is an estimate of the number of infant deaths for every 1,000 live births; Teen birth rates are per 1,000 female population ages 15-19 years.

Major Health Risk Factors	Description	Number	Percent	Rank	State Rate
Food Insecurity	The population who did not have access to a reliable source of food during the past year.	17,530	18.1%	36	18.4%
Physical Inactivity	Adults (Age 18+) reporting no leisure-time physical activity.	24,695	31.9%	27	32.5%
Obesity (adults)	Adults (Age 18+) reporting being obese (BMI >= 30.0)	25,614	33.1%	17	35.7%
Overweight (adults)	Adults (Age 18+) reporting being overweight (BMI >=25.0 - 29.9).	25,873	33.4%	33	32.5%
Obesity (youth)	Students grades K-10 with a BMI >= 95th percentile for age and sex.	3,130	21.2%	17	22.0%
Overweight (youth)	Students grades K-10 with a BMI >=85th percentile to <95th percentile for age and sex.	2,310	15.6%	11	17.0%
Low Health literacy	Adults with basic or below basic health literacy skills.	26,159	34.0%	17	37.1%
Substance Abuse (youth)	Students grades 6-12 reporting using drugs in the past 30 days.	828	10.5%	47	9.9%

#### For more information contact:

1425 Malvern Ave. Hot Springs, AR 71901 Phone: 501-624-3394 Fax: 501-624-2706

Hours: 8:00 a.m. - 4:30 p.m.

Mon. - Fri.



Chris Rowland LHU Administrator

# **COUNTY JUDGE**

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**COUNTY HEALTH OFFICER** 

Gene Shelby, M.D.



