

The Arkansas Minority Health Commission's Mobile Health Unit (MHU) is a screening center on wheels. The MHU provides an avenue to double the Arkansas Minority Health Commission's preventive screenings by reaching people where they are in the state. The MHU provides preventive screenings, health education and allows an opportunity of coordination of care with the MHU coordinator.

Screenings include: blood pressure, cholesterol, blood sugar/glucose, A1C, HIV, height, weight, BMI, colon cancer, plus more! The MHU coordinator follows up with participants who have abnormal results and shares county level resources for follow-up medical care. The MHU counts as one of its many partners, Arkansas Foodbanks statewide.

For more information, contact Jessica Williams at [jessica.a.williams@arkansas.gov](mailto:jessica.a.williams@arkansas.gov) or 501.682.8825.

To schedule the unit, [CLICK HERE](#).

Day	Date	Time	Location	Address	City	County
Monday	1/8/2024	9a-1p	Calhoun County Nutrition Center	1133 Prestress Dr.	Hampton	Calhoun
Wednesday	1/17/2024	8:00am-11:00am	Columbia County Food Distribution	102 E. Main	Waldo	Columbia
Saturday	1/20/2024	9a-1p	The Samaritan Health Fair	32 School St.	Pine Bluff	Jefferson

